

## 2017 VANCOUVER ISLAND RACE SERIES

## **MEDIA RELEASE**

## 2017 Island Race Series Early Bird Deadline - December 1

(Victoria, BC – November 28, 2016) Early Bird Registration deadline for the 2017 Vancouver Island Race Series is just days away on December 1. The 36th running of the series will be from January to April 2017 with eight races ranging from 5 kilometres to a half marathon, including the addition of a new race – Port Alberni Paper Chase 10K.

Early Bird fees for the whole series are \$150 until December 1. The regular registration fee from December 2 – January 8 is \$175.

The eight races comprise the Harriers Pioneer 8K on January 8, Cobble Hill 10K on January 22, Sooke River 10K on February 5, Hatley Castle 8K on February 19, Synergy Health Management Bazan Bay 5K on March 5, Comox Valley RV Half Marathon on March 19, Port Alberni Paper Chase 10K on April 2, and the Cedar 12K and Series Awards on April 9.

"The early bird fee makes the series very affordable with each race being under \$20 each," said Jonathan Foweraker, President of the Vancouver Island Runners' Association. "The community aspect of each race with local clubs hosting and putting on fabulous post-race food, gives the series a homely, family feel, and makes the participants feel very special."

Returning for a third year as Charity Partner is Victoria Hospitals Foundation. When registering participants will have the opportunity to top up their registration and support the many rehabilitative services at Victoria General Hospital and Royal Jubilee Hospital.

In 2016 Adam O'Meara won the overall series award with Jen Millar second, and top female, and Craig Odermatt third, and top Master. The club standings were won by the Comox Valley Road Runners, beating out the Prairie Inn Harriers who have dominated the series for over a decade. Third was Ceevacs Road Runners.

To register online for the series go to: www.islandseries.org

- 30 -

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